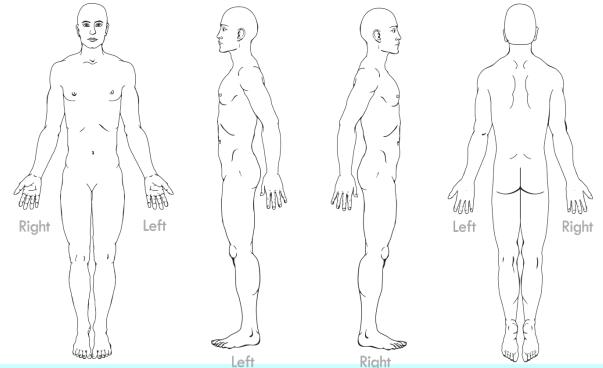
Date:

Please fill in your area(s) of discomfort / symptoms, drawing as specific as you can.



YOUR PAIN: (Please indicate your level of pain by circling a number from 0 to 10)

0/10: No Pain	1-3/10: Minimal Pain	4-6/10: Moderate Pain		7-9/10 Severe Pain				10/10: Need to go to the ER					
My current pain is			0	1	2	3	4	5	6	7	8	9	10
My least amount of pain over last week			0	1	2	3	4	5	6	7	8	9	10
My worst amount of pain over last week			0	1	2	3	4	5	6	7	8	9	10
My average amount of pain over last week		0	1	2	3	4	5	6	7	8	9	10	

Do you have times where you are pain free? Yes No

What percent of the time are you pain free? _____%

Pain is: Not changing Getting better Getting worse

Since your initial evaluation in PT, how much improvement have you noticed if 0% is no improvement and 100% is completely better?

What have you noticed that you are able to do now, that you were not able to do at your initial visit

What have you not been able to do that you will really enjoy doing when this problem is solved?

What are your remaining goals in physical therapy?